

Twiss Green Community Primary School

Achieving, Caring and Growing Together



Headteacher: Mrs N. Hughes
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Dear Parent/Carer

Next week, all classes will be discussing the NSPCC's Talk PANTS rules as part of our PSHE curriculum. During these discussions, we will aim to teach our pupils important safety skills without giving explicit information or telling scary stories.

PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

The lessons empower children, in an age appropriate way, to recognise their rights to their own bodies, say no to touch that is unwanted and tell someone if they feel uncomfortable.

The lessons include activities which help children understand:

- Appropriate and Inappropriate touching
- Your child's right to say no to things that make them feel upset or uncomfortable
- Naming parts of the body
- Who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign, including a short film and parent guide, more information can be found at <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

If you have any questions or concerns please don't hesitate to get in touch with your child's class teacher.

Kind regards,

Mrs Hughes

