

Brilliant residentialials



An educational adventure
to remember!

Location: Colomendy, Denbighshire
Twiss Green Community Primary School
Date: 15/08/2022

What's coming up..

- Introduction to Kingswood
- Your centre
- Benefits of outdoor learning
- Activities and Itinerary
- Learning Outcomes
- Sleeping and eating
- Your centre team and TG team
- Safety and wellbeing



Introduction to Kingswood

A trip to Kingswood is a life changing adventure. For over 35 years, our transformative school trips have encouraged primary school pupils to build confidence and resilience by taking on fun challenges.

Each year over 175,000 young people visit Kingswood to experience exciting activities, from archery to zipwire, and they go home with so much more. They leave with the feeling that they can achieve their goals, and it's wonderful to see the most uncertain pupils becoming the most enthusiastic.

We provide the perfect environment to develop positive mind-sets, improve well-being and encourage self-belief, plus there is always lots of laughter.



Welcome to Colomendy

Loggerheads, Near Mold,
Denbighshire, CH7 5LB



Your centre

Colomendy is perfect for schools and groups looking for an immersive outdoor adventure. This 130 acre site is set in an Area of Outstanding Natural Beauty and a Site of Special Scientific Interest. Deep in the valley surrounded by scenic hills and woodland, brimming with wildlife and with views of Moel Famau.

Loggerheads Country Park is opposite the centre and there are plenty of opportunities to venture off-centre to explore the hills and woodland.

Activities integrated into the stunning woodland, including three huge climbing and abseiling towers, high and low rope activities, a 3G swing, a 200 metre giant zipwire, and an exceptionally realistic caving system built into a natural rock seam.



Highlights of Colomendy



3G SWING



ABSEILING



AERIAL WALKWAY



ARCHERY



Highlights of Colomendy



BALANCE BEAM



BUGGY BUILDING



CANOEING



CLIMBING



Highlights of Colomendy



CONSTRUCT



FENCING



KAYAKING



LASER



RAFT BUILDING



What activities will we be doing?



CONSTRUCT



FENCING



KAYAKING



LASER



RAFT BUILDING

[illegible]

Itinerary- Thursday

15th September



CONSTRUCT



FENCING



KAYAKING



LASER



RAFT BUILDING

- Arrive at school at 8.50 am and leave luggage in the hall.
- Depart from Twiss Green at 10.30 am.
- Arrive at Colomendy at 12.00 pm.
- Meet and greet at 12.15 pm.
- Lunch – provided by Colomendy. Packed lunches are NOT required.
- Activity 1 Raft building at 2.30 pm (3 groups of 10-11 children).
- Activity 2 Nightline activity at 5.30 pm.
- Dinner time
- Campfire fun.
- Bedtime 10 pm in dormitories/lights out at 10.30 pm.



Itinerary- Friday 16th September



CONSTRUCT



FENCING



KAYAKING



LASER



RAFT BUILDING

- Wake up, get ready for the day and pack suitcases between 7 am – 8 am.
- Breakfast 8am- 9 am.
- Activity 3 Climbing at 9.15 am (3 groups).
- Activity 4 Obstacle Challenge at 10.45 am.
- Lunch at 12 am.
- Depart from Colomendy at 1 pm.
- Arrive back at Twiss Green at 2.30-3.00 pm (depending on traffic).
- Children will be ready to be collected at 3.20 pm.



Benefits of Outdoor learning

Every child will benefit from a Kingswood adventure. Character development is at the core of each Kingswood programme with a focus on confidence, resilience and life skills, which are delivered through a carefully designed mix of challenge, play and reflection.

Our very own Head of Activities Steve Anderson says, “The activities on offer at our Kingswood centres help to build the confidence of children and give them a sense of pride in their abilities. It’s not every day that they get the chance to go canoeing, abseiling, and fencing, and it’s the shared sense of accomplishment that comes with these activities which is so invaluable to young people. Not only that but it also helps to develop and improve key skills such as teamwork, confidence, and resilience.”

By spending time outdoors with their peers and carrying out activities, children and young people can really discover their full potential and all the amazing things they are capable of. And with complete programmes designed to place children in these situations and support them throughout, a residential experience at Kingswood can be invaluable in building a child’s self-belief.

“ **It was an excellent experience for all our students and even one day later we were seeing the impact.** ”

*Primary School Teacher
(Peak Venture)*



Learning Outcomes

Our programmes are designed to specifically meet your needs and link back to the core curriculum as well as developing environmental awareness and improve both mental and physical wellbeing.



We use...

**Play
Discovery**

**Exploring
Challenging**

**Adrenaline
Reflection**

...to deliver...

**Mental & Physical
Wellbeing**

**Environmental
Awareness**

Curriculum Links

Improved Attainment

**...and achieve
our learning outcomes.**

CONFIDENCE! **LIFE SKILLS** **RESILIENCE**



A bit more about your centre...

Sleeping

Colomendy has standard dormitory style accommodation. Rooms range from 4 to 16 bed dormitories, with gender-separated bathroom and shower facilities and party leader rooms close by. Adventure Lodges are also available for the ultimate adventure experience. Sheets, duvets and pillows are provided for all guests.

Our Adventure Lodges are the highest quality safari tents, providing a comfortable and secure base for your group throughout your stay. The lodges sites offer a close community feel with campfire areas, perfect for team bonding in the evening.

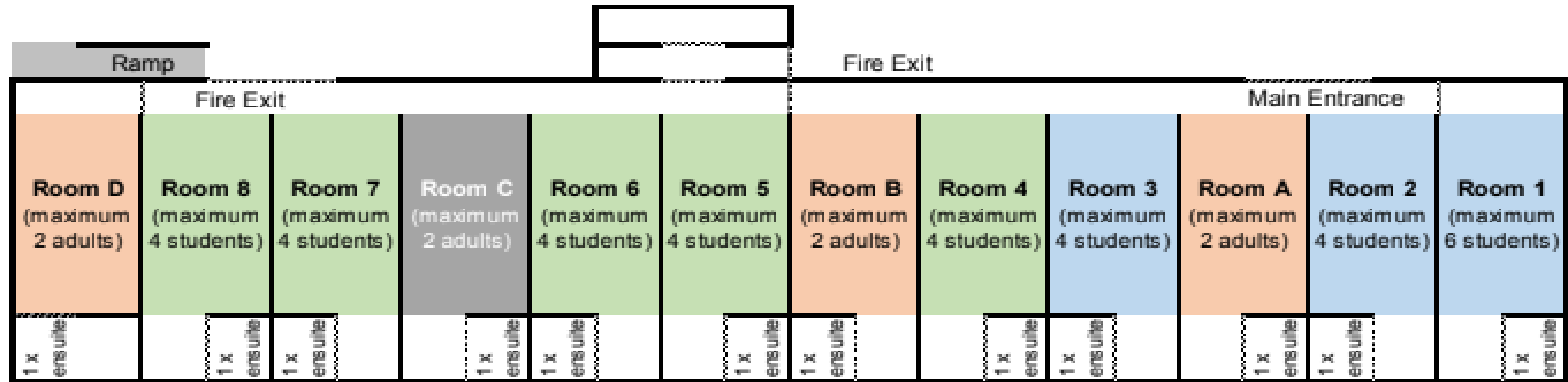


A bit more about your centre...

Sleeping

The accommodation that we have been allocated is Moel Arthur. All rooms are en suite and accommodate 2-6 children.

Accommodation Name – Moel Arthur



A bit more about your centre...

Eating

To fuel young guests during a long day of thrilling adventure activities, we serve three meals per day, with lots of choice and seasonal variations.

Each day there is a carefully balanced and nutritional meal plan, recently updated to meet and exceed the latest Government standards on young people's. We cater for most dietary requirements – just let us know.



Your centre team

From your first enquiry to getting back to the classroom, we are with you all the way to help you get the most out of your trip.

Experience Experts

They know everything about our programmes and centres, and are your first point of call to tailor-make your perfect school trip.

Guest Services

Our guest services team is here to support you in organising your trip and can answer any questions you have prior to arrival, and before you meet your designated Course Director.

Activity Tutors

Our friendly activity leaders are always on hand to encourage your students. They inspire your students to take on challenges, and fill each day with lots of fun and laughter.

Course Directors

Your dedicated Course Director is your go-to person on any requirements you may have. They will be there when you arrive and throughout your stay, ensuring your trip is a fantastic learning experience that achieves your objectives.



Your Twiss Green team

The Twiss Green staff that will be accompanying Year 6 on their residential are:

Miss Roberts

Miss Dunn

Mrs Nightingale



Safety at Kingswood

Peace of mind

Safety comes first at Kingswood; we're founding members of the British Activity Providers Association (BAPA) and affiliated to a whole range of governing bodies. We employ safeguarding leaders and every team member undergoes enhanced DBS checks. There are secure boundaries around our centres and regular night patrols as standard. We're also designated COVID-safe by Kaddi.



Covid policy

The key steps we are taking to ensure everybody who visits are safe include:

- Respecting existing group bubbles
- All team members are tested for covid twice weekly
- Ensuring social distancing is adhered to, with reminders throughout our centres
- Deep cleaning cycles and sanitiser stations. All equipment will be regularly sanitised according to the government's regulations
- PPE will be worn by our team when carrying out safety checks. We will always respect your wishes if you would like to wear your own face covering



Safety at Kingswood

Twiss Green Code of Conduct for Residential Visits

If a residential visit is to be successful and enjoyable for all taking part, it is important that everyone involved in the visit behaves in an appropriate manner. Inappropriate behaviour can adversely affect the visit and, in very rare cases, put the safety of others in danger.

In order to ensure the safety and enjoyment of all children on the visit, it is important that all children are aware of, and follow our code of conduct.



Safety at Kingswood

Twiss Green Code of Conduct for Residential Visits

All children and parents will be required to sign a Twiss Green Code of Conduct before our residential trip.

On the Coach

- Listen carefully to safety instructions given at the beginning of the journey
- Wear your seatbelt at all times on the coach
- No eating or drinking while on the coach
- Talking quietly on the coach so as not to distract the coach driver
- Listen to any instructions given by the driver or other adults on the coach and follow them without argument
- Be polite and well-mannered
- Be responsible for taking your belongings off the coach at the end of the journey



Safety at Kingswood

At Kingswood Colomendy:

- Being polite and well-mannered to other people at the centre
- Listening to the health and safety information provided by the centre and following it carefully
- Staying in designated areas
- Only going outside the building when accompanied by a member of the school staff
- Listening to all instructions given by centre staff and school staff carefully and following them without argument.
- Staying in my own dormitory – I understand that I am not allowed to go in any other dormitory unless asked by an adult
- No spray cans or aerosols in the centre
- No food is allowed in the dormitories
- Being quiet after lights out so that other children can sleep
- Listening carefully when rules are explained in the dining hall and following them carefully
- Only moving from area to another within the Kingswood Colomendy Centre when instructed to do so by school or centre staff
- Using equipment and resources as instructed



Safety at Kingswood

Twiss Green Code of Conduct for Residential Visits

- Children who do not follow the code will miss out on 'free' time during the visit. If a child continues to break the code of conduct to the extent that it is felt that they adversely affect the visit of others, their parents will be contacted and asked to collect their child and take them home.
- The code is written for the children, and we ask that the child and parents read the code carefully and then both sign and return to school.



Expectations

- Following the TG Code of Conduct for Residential visits – they are ambassadors for our school!
- Prepared to work as a team
- Listening skills – really important for safety
- Absolutely no aerosols
- No mobile phones, electronic devices, or valuable items – this includes hairdryers and straighteners
- Children can bring a book, travel/ card games, and a teddy bear to keep them company at bedtime!



What Do I Need to Bring With Me?

- See kit list
- All clothes to be named and packing to be done by your child (with supervision!)
- Old clothes - not their best designer clothing!
- Vests, t-shirts, long-sleeved tops, fleeces etc. so the children can layer their clothes
- Track suits bottoms, cargo pants, leggings etc. for day wear – not jeans
- Old trainers (at least two pairs – one that can get wet)
- Centre will provide waterproof coats, trousers and specialist equipment
- Sun hat, sunscreen...woolly hat, gloves!



Important Items to Remember

- **Medicines:** All medicines to be handed in to Miss Roberts– clearly named and labelled with required dosages and accompanying form. Teachers/ Teaching Assistants to keep and administer them.
- **Money:** Maximum of £10, in a named wallet, purse, etc. Handed to Mrs. Nightingale before departure.
- **A Named Reusable Water bottle:** This is essential as the Centre no longer provide this.



Emergency Contact Details

School Mobile Number

07486 947308

- In the event of an **emergency**, use the school mobile number.
- Alternatively, contact school (01925 762346),
- or The Colomendy Centre (0800 655 6564)



Here's a taster!



www.youtube.com/watch?v=GI7DP04afhw

Here's a taster!



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Thank you!

Any questions?

